

Waterpark Lifeguard Course Outline

Chapter I – Introduction to Waterparks

Lesson	Objective(s) and/or Physical Skills	Time (minutes)
Diving Boards	<ul style="list-style-type: none"> Identify the types of & characteristics of diving boards. 	30
Waterslides	<ul style="list-style-type: none"> Identify the types of & characteristics of waterslides. 	45
Lazy Rivers	<ul style="list-style-type: none"> Identify the characteristics of lazy rivers. 	30
Wave Pools	<ul style="list-style-type: none"> Identify the characteristics of wave pools. 	30
Splash Pads & Other Play Features	<ul style="list-style-type: none"> Identify the characteristics of and special features of splash pads and play structures. 	30
Total Time (minutes)		165

Chapter 2 – Preventative Lifeguarding & Risk Management in the Waterpark Setting

Lesson	Objective(s) and/or Physical Skills	Time (minutes)
Operations Protocols	<ul style="list-style-type: none"> Explain the need for operating procedures. Detail what must be included in the facility's operating procedures. 	35
Rules and Safe Usage Directions	<ul style="list-style-type: none"> Identify overall standard waterpark rules. Identify ride or feature-specific waterpark rules. Explain site-specific waterpark rules. 	20
Personal Flotation Devices	<ul style="list-style-type: none"> Identify what and where flotation devices are permitted, disallowed, and/or required. 	15
EAP's, Risk Inspections, & Audits	<ul style="list-style-type: none"> Explain what an EAP for a waterpark must include. Explain the purpose of facility inspections and audits. Detail what should be inspected and what follow-up is required. Explain the benefits of internal and external audits of the facility. 	45
Total Time (minutes)		115

Chapter 3 – Patron Surveillance & Scanning in the Waterpark Setting

Lesson	Objective(s) and/or Physical Skills	Time (minutes)
Dangers & Special Operational Considerations for Waterpark Lifeguards	<ul style="list-style-type: none"> Explain the variety of dangers and special operational considerations at waterparks. Explain how best to mitigate the risks within waterparks. 	40
Communication within waterparks	<ul style="list-style-type: none"> Identify the various communication techniques and when & how each should be utilized. 	30

Patron Surveillance & Scanning	<ul style="list-style-type: none"> Identify the challenges to effective surveillance and scanning in a waterpark setting. Explain the positioning of lifeguard stations within a waterpark. Explain when and how individual lifeguards should reposition him/herself to maintain effective surveillance. 	35
Lifeguard Rotations within a Waterpark	<ul style="list-style-type: none"> Detail the steps of an effective and safe lifeguard rotation in the waterpark setting. 	15
Total Time (minutes)		120

Chapter 4 – Water Emergencies in the Waterpark Setting

Lesson	Objective(s) and/or Physical Skills	Time (minutes)
Emergency Shutoffs	<ul style="list-style-type: none"> Explain the need for emergency shutoffs, where they are located and when and how to utilize them. 	15
Water Rescues	<ul style="list-style-type: none"> Understand the additional steps that may need to be undertaken to perform a rescue within a waterpark feature. Understand the special considerations for each type of waterpark feature when executing a water rescue. 	60
Total Time (minutes)		75

FINAL WRITTEN EXAM

Lesson	Objective(s) and/or Physical Skills	Time (minutes)
Final Written Exam		30
Total Time (minutes)		30

FINAL PHYSICAL SKILLS EVALUATION

Lesson	Objective(s) and/or Physical Skills	Time (minutes)
Final Evaluation of Physical Skills		75
Total Time (minutes)		75

TOTAL WATERPARK LIFEGUARD CURRICULUM COURSE TIME (does not include formal written and/or practical assessments):

7 Hours, 55 Minutes

IMPORTANT NOTES:

*Time for each Lesson includes delivery of Content Knowledge as well as Demonstration & Practicing of Physical Skills.

**This is a specialty add-on to the core pool lifeguard course. All participants in this course must hold a current World Academy of Safety & Health (WASH) pool lifeguard certification (alternatively, the pool lifeguard course can be conducted in conjunction with and as a pre-requisite to the waterpark course).

***ASHI Basic Life Support (BLS)/First Aid can be added for those who require it.