



SWIM LESSON PROGRAM DISPATCH SHEET

PRE-REQUISITE(S): 1.) Three (3) months of age or older; 2.) each program, category, and level has its own set of age and ability requirements.

COURSE PURPOSE: The goal of this program is to improve water awareness, water safety knowledge, and overall swimming ability of each program participant.

PARTICIPANT COURSE MATERIALS/EQUIPMENT: kickboard(s), noodle(s), swim rings,

CERTIFICATION PERIOD: Non-certificate. Programs include: Survival; Instructional; Competition; Adult and Special Abilities each with a variety of categories and levels.

DELIVERY: Delivered as in-person lessons.

AVAILABLE: English

NOTES: Successful completion of each program, category, and level earns the participant a WASH Certificate of Completion.