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### Swim Lesson Instructor (SLI) Skills Assessment Form (SAF)

**STUDENT NAME:** \_\_\_\_\_

Section/Chapter	Skill	Met Standard	Did Not Meet Standard	Notes:
<b>I.Pre-Reqs</b>	<b>Course Pre-Requisites</b>			
A.	Age Verification – 16 years of age			
B.	25 Yards Front Crawl Swim			
C.	25 Yards Back Crawl Swim			
D.	25 Yards Breaststroke Swim			
E.	25 Yards Butterfly Swim			
F.	25 Yards Side Stroke Swim			
G.	Tread Water for One (1) Minute			
H.	Back Float for One (1) Minute			

I.	Front Float for 10 seconds			
J.	25 Yards Elementary Backstroke			
K.	Dive Entry			
L.	Dive to Depth of Ten (10) Feet			

Instructor Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor Signature: \_\_\_\_\_ Instructor Certification ID: \_\_\_\_\_

Instructor Training Center Affiliation: \_\_\_\_\_

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_