



SWIM LESSON INSTRUCTOR (SLI) COURSE DISPATCH SHEET

PRE-REQUISITE(S): 1.) sixteen (16) years of age or older; 2.) swim twenty-five (25) yards each of front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and butterfly; 3.) tread water for one (1) minute; 4.) float on back for one (1) minute; 5.) dive to a depth of ten (10) feet; 6.) sufficient experience and knowledge of water safety, swim lessons, swim concepts, swim strokes, and pedagogy to effectively communicate the content and deliver the swim lessons.

COURSE PURPOSE: The goal of this course is to develop and equip participants with the knowledge, skills, and confidence to deliver swim instruction to others. It further provides participants with improved water safety knowledge and skills.

PARTICIPANT COURSE MATERIALS/EQUIPMENT: World Academy of Safety & Health (WASH) Swim Lesson Instructor (SLI) Manual (free electronic or paid paperback).

CERTIFICATION PERIOD: One (1) year from the date of completion of the certificate with a thirty (30) day grace period to be eligible for a recertification or challenge course (SLI's should not be considered certified during the grace period).

DELIVERY: Delivered as either an in-person or blended format course.

AVAILABLE: English

NOTES: Successful completion of this course (along with affiliation with an existing WASH ATC in good standing or establishing a new WASH ATC) allows one to deliver the WASH Swim Lesson Program to groups, organizations, and individuals.