

## Lifeguard Certification Curriculum & Program Overview

### I. Instructor Authorizations

#### A. Three Levels of Instructors

##### 1. S.1 Instructor

- a. Can teach WASH provider-level lifeguard courses

##### 2. S.2 Instructor

- a. Can teach WASH provider-level and S.1 instructor-level courses

##### 3. S.3 Instructor

- a. Can teach all WASH instructor-level & provider-level courses

#### B. Paths to Initial Authorization

##### 1. Cross-Over Course

- a. Must submit copy of verifiable valid and current Lifeguard Instructor authorization/certificate/license from another nationally recognized certifying body. This must be done prior to being enrolled in the cross-over course.
- b. Successfully complete the self-paced WASH Lifeguard Instructor Cross-Over course.
- c. Both a and b must be completed prior to be granted access to the password-protected WASH lifeguard instructor online portal.

##### 2. Full WASH Instructor Course

- a. Minimum age of seventeen (17).
- b. Hold valid and current provider-level lifeguard certificate/authorization/license from WASH or another nationally recognized certifying body.
- c. Hold a verifiable, valid and current American Safety and Health Institute (ASHI), an HSI company, Instructor certification at the Basic Life Support (BLS) level. Or, obtain said certification prior to becoming fully authorized as an instructor with WASH.
- d. Successfully complete the full WASH Lifeguard Instructor Course.

#### C. Paths to Instructor Recertification

1. If certificate current OR is no more than thirty (30) days expired, may complete ALL of the following requirements to renew his/her WASH Lifeguard Instructor certificate:
  - a. Serve as the instructor of record for, at minimum, one (1) WASH provider-level lifeguard certification course during the instructor's two (2) year validity period.
  - b. Maintain a valid ASHI, an HSI company, BLS and First Aid Instructor certificate.
  - c. Successfully complete any WASH Lifeguard Instructor updates online.

#### D. Delivery Formats

**1. Full In-Person** – requires attendance at all in-person sessions with a WASH authorized instructor. Course must total 25 hours, 10 minutes.

**2. Blended Format** – requires successful completion of self-paced online module followed by attendance at all in-person sessions with a WASH authorized instructor. In-Person sessions must total 15 hours, 30 minutes.

#### E. Alignment with Training Centers

##### 1. Alignment with WASH ATC

a. All WASH Authorized Lifeguard Instructors are not permitted to teach until and unless he or she aligns with a WASH Authorized Training Center (ATC) or applies and is approved to become a WASH Authorized Training Center (ATC).

##### 2. Alignment with ASHI (an HSI company) TC

a. All WASH Authorized Lifeguard Instructors are not permitted to teach until and unless he or she aligns with an ASHI Training Center or applies and is approved to become an ASHI Training Center.

b. The ASHI, an HSI company, Basic Life Support (BLS)/First Aid for Aquatics course is used to meet the CPR/AED and First Aid training requirement in provider-level WASH lifeguard courses.

### II. Provider-Level Lifeguard Authorizations

#### A. Path to Initial Authorization

1. Successfully complete all required components of the WASH Lifeguard Certification Course (either full in-person or blended format delivery).

#### B. Paths to Provider-Level Lifeguard Recertification

**1. Recertification Course** – if certificate current OR is no more than thirty (30) days expired, participant may complete an abbreviated recertification course requiring successful completion of: pre-requisite physical skills; an abbreviated in-person session to review key topics; skills assessment of all physical skills included in the initial certification program; and final written exam.

**2. Challenge Course** - if certificate current OR is no more than 30 days expired, participant may choose to successfully complete: pre-requisite skills; final skills assessment; final written exam.

### III. Authorizations & Certifications

**A. 2 Authorizations/Certificates:** one (1) from WASH for lifeguarding and one (1) from ASHI, an HSI company, for Basic Life Support (BLS)/First Aid.

**B. World Academy of Safety & Health (WASH):** issued after successful of the WASH provider-level lifeguard course.

**C. American Safety and Health Institute (ASHI):** issued after successful completion of the ASHI, an HSI company, Basic Life Support (BLS)/First Aid for Aquatics course. This course will be taught as a separate course but during the regularly scheduled lifeguard course times.

**IV. Validity Periods**

- D. Provider-Level:** One (1) year from the date of completion as listed on the authorization (for both WASH and ASHI).
- E. Instructor-Level:** Two (2) years from the date of completion as listed on the authorization.

**V. Forms & Documents****A. Course Outline & Teaching Plan**

- 1. Located in Instructor Manual and in online Portal.
- 2. Should be followed as closely as possible when delivering any WASH course.

**B. Instructor & Student Manuals**

- 1. Located in online Portal.
- 2. Print copies available for purchase.
- 3. The content to be delivered and how to deliver it is outlined in the instructor manual and should be followed as closely as possible. All content and skills MUST be covered in full during each WASH course.

**C. Skills Assessment Form (SAF)**

- 1. Required to be completed by the instructor for each participant during the class sessions. SAF's for all course participants shall be kept by the instructor and training center for a minimum period of three (3) years. Do not submit to World Academy of Safety & Health (WASH) office.
- 2. WASH can request to review any and all SAF's from an instructor or ATC for any reason, including as part of a quality assurance review, up to three (3) years after a course has been completed.

**D. Student Authorization Request (SAR)**

- 1. Required to be completed by the instructor at the conclusion of the course for all successful participants.
- 2. Submitted to World Academy of Safety & Health (WASH) so that WASH Lifeguard Authorizations can be issued to successful course participants.

**VI. Access to Self-Paced Online Modules for Blended Format Courses –**

[lifeguardcertifications.talentlms.com](http://lifeguardcertifications.talentlms.com)

**VII. Website Instructor & ATC Portal**

- A. Password Protected
- B. Contains all forms, documents, manuals, videos, slide presentations, and other course ancillary materials and resources for Authorized Instructors and ATC's.
- C. One may register for an account but will not be approved for access unless and until he or she is a fully authorized as a WASH Instructor and has aligned with an ASHI Training Center.