



Lifeguard Instructor S.1 Course Practice Teaching

Lifeguard Instructor S.1 Course Practice Teaching assignment options. Each instructor candidate will be assigned 4 teaching assignments and will be responsible for delivering the lessons in the entire row you have been assigned (i.e. an individual assigned #2 will deliver the following lessons: Drowning Process, Active Victim Rescue – Rear & Front, Rescue Breathing – Adult, and Scenario – Submerged Victim in Deep Water).

Practice Teaching assignment #4 is designed to include a full scenario starting with victim recognition and ending with arrival of and/or transfer to EMS personnel.

Evaluation of practice teaching assignments will be conducted using the *Lesson Demonstration Feedback Form*.

#	Practice Teaching #1	Practice Teaching #2	Practice Teaching #3	Practice Teaching #4
1	Chapter #1 - Professional Lifeguard	Spinal Trauma – Deep Water	Primary Assessment	Scenario – Active Victim in Deep Water
2	Chapter #5 - Drowning Process	Active Victim Rescue – Rear & Front	Rescue Breathing – Adult	Scenario – Submerged Victim in Deep Water
3	Chapters #6-7 Surveillance/ Scanning	Passive Victim Rescue – Rear & Front	Conscious & Unconscious Choking – Adult	Scenario – Passive Victim in Shallow Water
4	Chapter #8 – Victim Recognition	Submerged Victim Rescue	Rescue Breathing – Child & Infant	Scenario – CPR #5
5	Chapter #9 - EAP's	Passive & Active Victim Extractions	Two-Person CPR with AED	Scenario – First Aid #2
6	Chapters #3-4 - Risk Management & Rules	Arm Splints & Head-Chin-Chest Grip	CPR – Child & Infant	Scenario – Passive Victim in Deep Water
7	Chapter #1 - Legal Considerations	Spinal Trauma – Shallow Water	CPR – Adult	Scenario – Spinal Victim in Deep Water
8	Chapter #1 & 5 - Three R's, RID Factor & 10-20	Assists & Entries	Use of AED	Scenario – CPR #3