

Lifeguard Instructor S.1 Course Outline

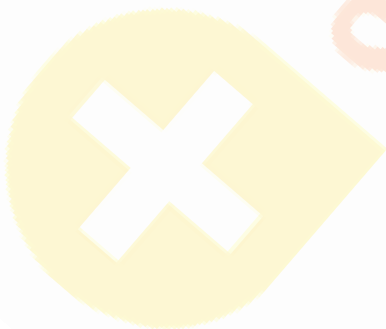
Lesson	Objective(s) and/or Physical Skills		Approximate Time (minutes)
	Content/Knowledge	Skills	
Introduction & Expectations	Describe the skills necessary to deliver effective training, course expectations and requirements to instructor candidates.		10
Demonstration of Skills	Describe and explain how to effectively execute a skill demonstration to instructor candidates.	Perform skill demonstrations for instructor candidates.	180
Conducting Skills Practice Session	Describe how to conduct a skills practice session with feedback and coaching being provided.	Perform skills practice session providing feedback and coaching.	120
Using Slide Presentation & Video Clips to Guide Discussion and Mini-Lectures	Explain how to effectively use the course slide presentation and video clips to deliver content and guide skills practice.		90
Delivering Lessons	Describe how to facilitate learning by delivering an effective lesson.	Demonstrate the effective lesson(s).	240
Conducting Final Skills Assessment	Describe how to effectively conduct a final skills assessment of instructor candidates.	Perform an effective skills assessment.	120
Continuing Instructor Development	Explain the purpose of the initial training provided in the WASH Instructor S.I course and the purpose of continuing education.		15
Course Administration	Explain how to complete required course documentation.	Demonstrate completion of all required course documentation.	45
ATC & Instructor Online Portal	Explain and demonstrate how to navigate the WASH ATC & Instructor Online Portal and what resources are available to instructors.		45
Final Written Exam	Demonstrate content knowledge.		45
Performance of Skills	Demonstrated throughout the course & prerequisites.		X

Total Time: 15 HOURS, 10 MINUTES

LIFEGUARD INSTRUCTOR S.I PRE-REQUISITE REQUIREMENTS:

- Hold current, valid, and verifiable World Academy of Safety and Health Lifeguard provider-level certificate.
- Ability to provide verifiable documentation of, at minimum, five (5) years of continuous valid certification as a lifeguard from a nationally and/or internationally recognized certifying agency.
- Be at least eighteen (18) years of age by the first day of the in-person course.
- Ability to provide, at minimum, five (5) years of verifiable work experience as a lifeguard.

Please also see page 185 of the World Academy of Safety and Health (WASH) Lifeguard Instructor Manual for a list of pre-requisite requirements as well as renewal requirements



World Academy of Safety & Health