

Student Name: _____

Class Date: _____

Out-of-Hospital Setting Scenario

You are a BLS Provider responding alone to assist a person having a seizure. As you approach the scene, you see a bystander kneeling next to a motionless adult lying on the floor. The person's tissue color is bluish. The bystander says, "He fainted. His arms and legs were shaking." You have appropriate PPE. An AED is located nearby. Demonstrate what actions you would take next.

In-Hospital/Clinic Setting Scenario

You have just arrived at work when you hear the receptionist shout, "Help!" As you reach the waiting room, you see the receptionist kneeling next to an adult collapsed on the floor. The person's tissue color is extremely pale. The startled receptionist says, "She... just... went down." You have appropriate PPE. An AED is located nearby. Demonstrate what actions you would take next.

BLS Procedure	BLS Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Performs Assessment	<ul style="list-style-type: none"> ▶ Assesses scene safety. ▶ Takes standard precautions. ▶ Assesses responsiveness. ▶ Activates EMS and/or EAP. ▶ Gets an AED and emergency response equipment (or sends some else to). 	<p><i>"Scene is safe."</i></p> <p><i>"Patient is unresponsive."</i></p> <p><i>"EMS/EAP activated."</i></p> <p>▶ <i>"The bystander is going to get the AED, equipment, and help."</i></p>	
Assesses Breathing & Pulse	<ul style="list-style-type: none"> ▶ Assesses breathing and carotid pulse at the same time for no more than 10 seconds. 	<p>▶ <i>"No pulse felt."</i></p> <p>▶ <i>"Patient is slowly gasping."</i></p>	
Starts High-Quality CPR	<ul style="list-style-type: none"> ▶ Positions patient on firm flat surface. <ul style="list-style-type: none"> › Performs 30 chest compressions. › Positions two hands on lower half of breastbone. › Uses upper body weight to compress. › Compresses at least 2 inches (5 cm). › Compresses at a rate of 100–120 times per minute (in no less than 15 and no more than 18 seconds). › Allows chest to fully recoil at top of compressions. 		
Gives Rescue Breaths	<ul style="list-style-type: none"> ▶ Seals CPR mask against patient's face. ▶ Opens airway using the head tilt–chin lift maneuver. ▶ Gives two rescue breaths. ▶ Ensures each breath is 1 second in length. ▶ Creates visible rise of chest, but no more. ▶ Resumes chest high-quality chest compressions in less than 10 seconds. 		
Continues High-Quality CPR	<ul style="list-style-type: none"> ▶ Repeats CPR cycle of 30:2 compressions to breaths. 	<p><i>[Student needs to complete this cycle before Second BLS Provider arrives with AED.]</i></p>	

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BLS Procedure	BLS Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Operates the AED	<ul style="list-style-type: none"> ▶ Powers on the AED. ▶ Bares chest. ▶ Correctly applies AED pads. ▶ Follows AED prompts. 	<ul style="list-style-type: none"> ▶ <i>[Second BLS Provider arrives] "Here is AED. I'll take over CPR while you operate the AED."</i> 	
Clears for Analysis	<ul style="list-style-type: none"> ▶ Makes sure no one is touching patient. 	<ul style="list-style-type: none"> ▶ <i>[AED] "Analyzing."</i> 	
Safely Delivers Shock	<ul style="list-style-type: none"> ▶ Makes sure no one is touching patient. ▶ Presses shock button. 	<ul style="list-style-type: none"> ▶ <i>[AED] "Shock advised."</i> ▶ <i>[Instructor] "Patient's muscles contract suddenly."</i> 	
Resumes High-Quality CPR	<ul style="list-style-type: none"> ▶ Ensures CPR is immediately resumed by second BLS Provider. 		

END PERFORMANCE EVALUATION

Successfully Completed.

Not Successfully Completed. Remediation Required.

Signature of Authorized Instructor:

Registry Number: _____