

Course Catalogue

The purpose of the World Academy of Safety & Health (WASH) Lifeguard Curriculum and Certification program is to provide the participant(s) with the confidence, content knowledge, and physical skills to recognize, respond, and recover in the event of an emergency in or around the water.

WASH encourages instructional design and skill application that provides flexibility in terms of the best approach and response to an emergency based upon each individual facility's circumstances and constraints. WASH believes this approach allows for more real-world scenarios to be addressed and the most appropriate emergency response taught and practiced.

All course participants have electronic access (using the student login on lifeguardcertifications.com) to course manuals, course slide presentations, and course skills video clips beginning with class registration and until the expiration date on the WASH certificate. All courses are available in English and Spanish.

Pool Lifeguard

The goal of this core course is to develop and equip participants with the knowledge, skills, and confidence to respond during an in-water or dryland emergency while working as a pool lifeguard.

Waterfront Lifeguard

Pre-Requisite: Pool Lifeguard

This specialty course is designed for participants who will work as a waterfront lifeguard in a non-tidal, open-water environment.

Waterpark Lifeguard

Pre-Requisite: Pool Lifeguard



This specialty course is designed for students working as a lifeguard in an environment containing swimming pools with special and unique water features to include: diving boards, waterslides, lazy rivers, wave pools, and splash pads/play features.

Lifeguard Supervisor

Pre-Requisite: Pool Lifeguard

The goal of this supervisory specialty course is to develop and equip participants with the knowledge, skills, and confidence to manage lifeguards and other aquatics staff, the pool deck, the aquatic facility's equipment, and the emergency and risk management plans.

Surf Rescue Lifeguard

Pre-Requisite: Pool Lifeguard

The goal of this specialty course is to provide participants with the confidence, content knowledge, and physical skills to recognize, respond, and recover in the event of an emergency in or around tidal open-water and/or surf zone environment.

Lifeguard Instructor (S1, S2, S3)

Pre-Requisite: Pool Lifeguard

The goal of these specialty instructor-level courses is to develop an understanding of the basic principles of teaching and learning; develop instructional skills; and develop a working knowledge and understanding of entire World Academy of Safety & Health (WASH) lifeguard certification program.

S1 – able to teach pool lifeguard, waterfront lifeguard and waterpark lifeguard courses

S2 – able to teach pool lifeguard, waterfront lifeguard, waterpark lifeguard and lifeguard instructor S1 courses

S3 – able to teach all World Academy of Safety & Health (WASH) programs