

# ADULT FIRST AID – SEVERE ALLERGIC REACTION



Student Name \_\_\_\_\_ Class Date \_\_\_\_\_

You are a trained first aid provider responding to a call for help received over your workplace mobile device for a team member with trouble breathing. As you reach the scene, you see a person sitting at a break table. You have appropriate PPE and a first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Performs Assessment</b>	<ul style="list-style-type: none"> <li>▸ Assesses scene safety.</li> <li>▸ Takes (or verbalizes taking) standard precautions.</li> <li>▸ Assesses responsiveness.</li> <li>▸ Activates EMS and/or EAP.</li> <li>▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED.</li> </ul>	<p><i>“The scene is safe.”</i></p> <p><i>“Person is responsive.”</i></p> <p><i>“EMS/EAP activated.”</i></p> <p><i>“Other first aid providers are on the way, bringing an AED and an additional first aid kit.”</i></p>	
<b>Assesses Breathing</b>	<ul style="list-style-type: none"> <li>▸ Assesses breathing for no more than 10 seconds.</li> </ul>	<i>“Person is responsive and breathing.”</i>	
<b>Obtains Consent</b>	<ul style="list-style-type: none"> <li>▸ Introduces self and asks, “May I help you?”</li> </ul>	<i>“Person consents.”</i>	
<b>Assesses for Life-Threatening Conditions</b>	<ul style="list-style-type: none"> <li>▸ Quickly scans the person for life-threatening conditions.</li> </ul>	<i>“The person is in obvious distress - trembling, wheezing, and coughing. You see swelling of their lips, eyelids, and face. With difficulty the person says, “Nut allergies...ate...pretzel bite... had peanut... butter... inside.”</i>	
<b>Immediately Provides Appropriate First Aid</b>	<ul style="list-style-type: none"> <li>▸ Allows the person to find the most comfortable position in which to breathe.</li> </ul>	<i>“Person wants to sit up.”</i>	
<b>Performs a Secondary Assessment</b>	<ul style="list-style-type: none"> <li>▸ Looks for medical identification jewelry.</li> </ul>	<p><i>“Person is wearing a Medical Alert Bracelet on wrist that states, ‘Nut Allergy - Use EpiPen®.’”</i></p> <p><i>[Instructor Note: Hand student epinephrine autoinjector trainer. Say “Here’s their EpiPen®. They forgot how to use it.”</i></p>	

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Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Correctly Uses Epinephrine Autoinjector Trainer</b>	<ul style="list-style-type: none"> <li>▶ Grasps epinephrine autoinjector trainer in fist with the orange tip pointing downward.</li> <li>▶ Removes blue safety release.</li> <li>▶ Positions trainer near middle of person's outer thigh.</li> <li>▶ Swings and firmly pushes orange tip at a 90-degree angle against thigh until it clicks.</li> <li>▶ Holds device firmly on thigh for 3 seconds.</li> <li>▶ Removes the trainer from the thigh and massages the injection area for 10 seconds.</li> </ul>	<p><i>[Instructor Note: Use instructions at the left are for the correct use of an EpiPen® epinephrine autoinjector trainer. If using a different manufacturer's training device, students should follow the manufacturer's instructions for use].</i></p>	

**END PERFORMANCE EVALUATION**

Successfully Completed.      Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor \_\_\_\_\_ HSI Instructor Registry Number: \_\_\_\_\_